

2025

R.F. HALL **SNOWBOARD SKI CLUB**



Manual

ROBERT F. HALL C.S.S. SNOWBOARD & Ski CLUB 2025

Dear parents, Robert F. Hall C.S.S. is once again offering our snowboarding and skiing education program.

The program will consist of a series of 5 Thursday nights at Blue Mountain Ski Resort in Collingwood. The dates are:

<u>Wednesday</u>	<u>January</u>	<u>29</u>	<u>2025</u>	-	<u>Day Skiing</u>	(Dates subject to change)
<u>Thursday</u>	<u>February</u>	<u>6</u>	<u>2025</u>			
<u>Thursday</u>	<u>February</u>	<u>13</u>	<u>2025</u>			
<u>Thursday</u>	<u>February</u>	<u>20</u>	<u>2025</u>			
<u>Thursday</u>	<u>February</u>	<u>27</u>	<u>2025</u>			
<u>Thursday</u>	<u>March</u>	<u>6</u>	<u>2025</u>			

Snow day Make up Date – if necessary

The program schedule will consist of 4 1/2 hours of snowboarding and skiing:

7:50 – 8:05 a.m.	parents drive equipment to school; bring equipment to the back room of the library for storage during regular classes
2:00 - 4:00 p.m.	early dismissal, load buses, arrival at Blue Mountain
4:00 - 4:30 p.m.	warm-up skiing/snowboarding free time
4:30 - 6:45 p.m.	45 minute lesson. Specific schedule TBA by Blue Mt. staff
6:45 - 8:00 p.m.	skiing/snowboarding time
8:00 – 8:15 p.m.	load buses and departure from Blue
10:00 p.m.	parents pick-up students at R.F. Hall

Transportation: Bus leaves the school at 2:25 p.m.

RETURN transportation will be leaving Blue at 8:15 p.m. and arriving at R.F.Hall at 9:45 p.m. with stops in Mansfield at the “General Store” NW corner of **Airport Rd & 17th Sideroad** and the “Tim Horton’s” on the NW corner of **Hwy #9 and Airport Rd.**

If you are interested in having your child involved in the *SNOWBOARD & SKI CLUB* please fill out the attached application forms and have it returned to Mr. Sweeney or Mr. Paolucci. Payments need to be paid to school cash on line <https://dpcdsbschoolcashonline.org> and the transaction record given to Mr. Sweeney/Mr. Paolucci. No CHEQUES will be accepted.

Helmets, with chin strap adjusted properly, are mandatory for all snowboard and ski club members when on the slopes & lifts at Blue Mountain Ski Resort. (see appendix #3 for details)

THE APPLICATION DEADLINE IS FRIDAY DECEMBER 13th

If you have any questions or concerns please contact Mr. Sweeney at (905) 584-1670 ext.80336 or email – jason.sweeney@dpcdsb.org or Mr. Paolucci at 905 584 1670 dale.paolucci@dpcdsb.org

Appendix 1

PROGRAM EXPECTATIONS

It is the firm conviction of the Robert F. Hall C.S.S. Snowboard & Ski Club staff supervisors that the snowboarding and skiing program should have a formal teaching component. Both snowboarding and skiing are very skill-oriented sports, where mastery of the sport is achieved by progressively advanced instruction and practice.

In order to allow each student to work toward this mastery of the sport, a teaching component has been built into the program. **It is expected that all members of the snowboard & ski club will attend the 45 minute lesson every night of the program.** These lessons will be taught by professional instructors supplied by Blue Mountain Ski Resort and students will be assigned to groups for such lessons based on their skill level as determined by the instructors.

Students are expected to attend the lesson each night and failure to do so will result in removal from the Club. NO REFUND WILL BE MADE IN THE EVENT OF SUCH A REMOVAL.

BEHAVIOUR ON THE BUS

It is expected that students will behave as young Catholic Christian ladies and gentlemen. Unruly behavior and foul or abusive language WILL NOT BE TOLERATED. Inappropriate behavior on the part of the student will result in removal from the Club. The determination of such removal is at the sole discretion of the staff advisors. Smoking is not allowed on the bus. Marijuana use for students under the age of 19 is illegal. Any drug or alcohol use by any student is prohibited. Use or possession of drugs, paraphernalia or alcohol will result in removal from Snowboard & Ski Club without refund.

BEHAVIOUR AT BLUE MOUNTAIN SKI RESORT

Students will follow:

- the Robert F. Hall Code of Student Behavior
- any rules and regulations of the Blue Mountain Ski Resort and its staff
- the Skier Responsibility Code
- all and any directions of the attending staff advisors
- all and any directions of the attending members of the Canadian Ski Patrol System

Inappropriate behavior on the part of the student at Blue Mountain Ski Resort will result in removal from the Club. The determination of such removal is at the sole discretion of the staff advisors. Marijuana use for students under the age of 19 is illegal. Any drug or alcohol use by any student is prohibited. Use or possession of drugs, paraphernalia or alcohol will result in removal from Snowboard & Ski Club without refund.

Appendix #2

LIFT USE GUIDELINES - SCHOOL BOARD MANUAL

To ensure that all school students enjoy a good day of skiing means that they use both chair lifts and surface lifts safely.

1. Where applicable, only those students who received an approval from the ski area staff, use other lifts than those designated as beginner lifts.
2. All skiers must be aware and obey signs posted around the lift loading and unloading areas and along the towpath.
3. While waiting their turn in a lift line, skiers must refrain from horseplay and prepare themselves for loading.
4. When approaching a loading area, obey instructions given by a lift operator and make sure the lift ticket is properly displayed.
5. a. When riding a chair lift, always use the restraining bar.
 - b. Never bounce or rock a chair in any way. Skis must always point straight ahead, and skiers must remain seated.
 - c. Never, under any circumstances, are skiers allowed to jump from chairs.
 - d. If a chair lift stops, remain calm and wait until it restarts. In case of an emergency evacuation, remain calm and follow all instructions given by ski patrol and/or area employees.
 - e. When approaching an unloading area, do not lift the restraining bar until instructed to do so by the posted signs.
 - f. When skiers clear the ramp, they must move away quickly from the area immediately adjacent to the unloading ramp.
6. a. When riding a surface lift, skiers must always remain in the designated tow path. Never attempt to ski a slalom or to zigzag pattern on the way to the top.
 - b. To unload anywhere outside of a designated unloading area must be avoided unless the lift stops and skiers are instructed to do so by the ski patrol or the area employees. In such a case, everyone is to leave the towpath as quickly as possible.
 - c. In a case when a skier falls while riding a surface lift, clear the path immediately, remove your skis and exit the towpath.
 - d. To ski down a lift towpath is dangerous and strictly prohibited
7. All skiers must always:
 - a. display their lift ticket;
 - b. follow all instructions given by the ski area personnel; *continued on next page*
 - c. behave in a responsible manner;
 - d. be courteous to other students, other skiers, and area personnel;
 - e. be aware of and abide by the posted Skiers Responsibility Code.

Behavior contrary to the above instruction will endanger offenders just the same as other users, and may result in a serious injury. With no exception, any and all offenders will lose their ski privileges.

Appendix#3

SPECIAL REQUEST

Dear Parent,

The Snowboard & Ski club is the largest at the school. We anticipate up to 54 club members and a staff supervisory group of 8-10 for this season. As you can imagine it is an activity which places demands on the staff who organize it. Many hours of effort go into consultation and negotiation with the ski hill; bus transportation arrangements; bus supervision; lesson groupings, safety supervision, and general organizational work. The staff gives of their free time to make sure that the activity is at once educational, fun and safe.

I would ask that all parents be diligent in their responsibilities when it comes to the end of each ski night. Specifically, it is imperative that parents make sure to notify staff if arrangements are being made to have the student leave the ski hill in a manner or at a time different from what was committed to at registration time. Also, it is imperative that whoever has committed to pick up at the school **be at the school on time (9:45 pm)**. It is unfair to staff who accompany the returning buses to have to wait for tardy rides. Please be on time. Students who are picked up late will be not be invited back the following week.

Unfortunately, injuries are sometimes part of the sport; so top quality and properly fitted protective equipment will help reduce the risk. **Helmet use is mandatory** for all club members while on the slopes and chair lifts; the straps must be adjusted properly. I also strongly suggest that you invest in some protective impact padding such as wrist pads, padded pants, etc.... Your riding experience will be much more enjoyable and less painful with the right protective gear.

Please remind your child that their snowboard and ski equipment is often a target of **Theft**. Locks can be purchased for about \$20.00 at most sporting goods stores. Please remind your child to lock their equipment when they are in the chalet; **skis and snowboards are not allowed in the chalet.**

Lastly, if you wish to have your child insured against any type of **injury**, STUDENT ACCIDENT INSURANCE is available through our office. Please ask one of our school secretaries for a "Student Application Package" from the *Reliable Life Insurance Company*. This is the **only type of insurance** available for your child through the school. Here is the direct link to the company if you prefer. <http://www.insuremykids.com>.

Since proper ski / snowboard training is proven to reduce the risk of injury, the weekly lessons supplied by the Blue Mountain staff are mandatory. **If your child skips one lesson they will be permanently removed from the club with no refund given.**

Marijuana use for students under the age of 19 is illegal. Any drug or alcohol use by any student is prohibited. **Use or possession of drugs, paraphernalia or alcohol will result in removal from Snowboard & Ski Club without refund.**

We are looking forward to a tremendous season. We ask for your co-operation and encourage you to contact us at the school if you have any questions, concerns or comments. (905)584-1670

Yours truly,

Mr. Sweeney/Mr. Paolucci/Mr. Beresford/Mr. Fielder/Ms. Czyrka/Ms. Bothelo/Ms. Bajc/Ms. Pappano

ROBERT F. HALL C.S.S. SNOWBOARD and Ski CLUB Quick Reference sheet

Ski Club dates @ Blue Mountain Ski Resort Collingwood:

<u>Wednesday</u>	<u>January</u>	<u>29</u>	<u>2025</u>	<u>Day Skiing</u>	<u>(Dates subject to change)</u>
<u>Thursday</u>	<u>February</u>	<u>6</u>	<u>2025</u>		
<u>Thursday</u>	<u>February</u>	<u>13</u>	<u>2025</u>		
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<u>Thursday</u>	<u>February</u>	<u>27</u>	<u>2025</u>		
<u>Thursday</u>	<u>March</u>	<u>6</u>	<u>2025</u>	<u>Snow day Make up Date – if necessary</u>	

- We have switched from a school bus to a COACH bus for our transportation; more seats and larger storage underneath.
- Helmets are mandatory and must be adjusted properly for all snowboard and ski club members when on the slopes & lifts
- Link to Board approved insurance company - <http://www.insuremykids.com/>
- Please remind your child to lock their equipment; equipment can be **stolen in less than 30 seconds by thief!**
- Parents pick up students from Robert F Hall at 9:45 PM (9:15 Mansfield 9:30 for the Tim Horton's)
- Drop off equipment in the back room of the Library from 7:50 – 8:05 AM
- Ski apparel and equipment Lost and Found in the Social Science office
- Students are expected to attend the lesson each night and failure to do so will result in removal from the Club. **NO REFUND WILL BE MADE IN THE EVENT OF SUCH A REMOVAL.**
- If their child is injured parents/guardians agree that they will be required pickup their child from the area hospital (Collingwood).

Organizers- Mr. Sweeney (905)584-1670 voice mail ext.80336 or email –

jason.sweeney@dpcdsb.org cell # (in emergency only) 647-270-9886 Mr. Paolucci
dale.paolucci@dpcdsb.org **DO NOT CALL ME TO SEE WHAT TIME THE BUS WILL GET BACK!**

- Blue Mountain, Collingwood (877)445-0231

Robert F. Hall
Snowboard & Ski Club Application
2025

I am interested in: *(circle one)* Snowboarding Skiing

NAME: _____

ADDRESS: _____

(street)

_____ (city) _____ (postal code) () _____ (home phone)

() _____
(Student Cell)

AGE: _____ Ont. Health Card No. : _____
(as of Dec 31 2023)

Home Room # sem.1 _____ sem.2 _____

~~~~~  
LEVEL OF ABILITY:

☐ Non-skier / snowboarder    ☐ Beginner                      ☐ Intermediate                      ☐ Advanced  
~~~~~

FEE SCHEDULE (check off one only)

A	Lift Ticket and Lesson	\$440.00	<input type="checkbox"/>
B	Lift Ticket and Lesson plus Snowboard or Ski, Helmet Rental	\$550.00	<input type="checkbox"/>
C	Blue Mountain Season Pass Holder and Lesson (pass # _____)	\$350.00	<input type="checkbox"/>
NOTE - Please bring your Blue Mt. pass number to Mr.Sweeney/Mr.Paolucci when you get it, before January 13 at the very latest!.			

Total \$ _____

Please pay with School cash on line <https://dpcdsb.schoolcashonline.com>

No Cheques.

Continued on next page.....

We, _____, and, _____
(parent/guardian) (student)

having read, filled out and clearly understood the following, as attached to this form, accept these as conditional to membership in the Robert F. Hall C.S.S. Snowboard & Ski Club.

- **Appendix #1:** The Behaviour Expectations of the Robert F. Hall C.S.S. Snowboard & Ski Club.
- **Appendix #2:** Lift Use Guidelines - School Board Manual
- **Appendix #3:** Special Request
- **Helmets must be properly worn at all times on the ski hill and ski lifts. *See appendix #3 for details.***
- **If our child skips one lesson we understand that they will be permanently removed from the club with no refund given.**
- **We understand that the Terrain Park is out of bounds for school groups and our child will be permanently removed from the club with no refund given if they enter it.**
- **Must sign this online form (please click this link) - <https://forms.bluemountain.ca/Forms/osbie> This is the NEW Electronic version of the OSBIE Special Winter Excursion Form – Youth only: **If the OSBIE Special Winter Excursion Form is not filled out correctly and signed, the student will not be permitted access to the hill.****

INHERENT RISK

Skiing and snowboarding are sports with physical demands and inherent risks, which are beyond the control of Robert F. Hall C.S.S., and Blue Mountain Ski Resort. Falls, collisions and other incidents may occur and cause injury or death. Skiers & snowboarders **MUST ASSUME** the risks and dangers.

Subservience to Canadian Ski Patrol System Instructions

In the event of an injury that is attended to by a member of the Canadian Ski Patrol System, and where the recommendation of the Patroller is that the student-member of Robert F. Hall C.S.S. Snowboard & Ski Club attend the emergency department of a hospital, the student-member shall go forthwith, either by ambulance or other means as directed by the Patroller. **Parents/guardians agree that they will be required pickup their child from the area hospital (Collingwood) if their child is injured.**

Dated: _____

X _____
(Parent/guardian signature)

X _____
(Student signature)

THE APPLICATION DEADLINE IS DECEMBER 13TH
Limited spaces available!

PARENT/GUARDIAN PERMISSION FORM FOR OUT-OF-SCHOOL / EXTRA CURRICULAR ACTIVITIES

Robert F Hall School is arranging the out-of-school/extracurricular activity described below.

THIS FORM MUST BE READ AND SIGNED BY EVERY STUDENT WHO WISHES TO PARTICIPATE
AND/OR BY A PARENT/GUARDIAN OF A PARTICIPATING STUDENT

The purpose of this form is:

1. To inform you of the nature of the out-of-school/excursion activity.
2. To seek your support and permission for your child to participate.

Please sign this form, and return it to the school no later than: December 15th

584-1670

School
Teacher: <u>Mr. Sweeney/Paolucci/Beresford/Fielder/Czyrka/Bajc</u> Grade: <u>9-12</u> Phone: <u>905-584-1670</u>
Event/Activities to be Undertaken: <u>Robert F Hall Snowboard and Ski Club at Blue Mountain Ski Resort Collingwood Ont. Riding/Skiing and lesson</u>
Date(s): <u>Jan. 29, Feb. 6,13, 20, 27, Mar. 6, 2025,</u> Departure Time: <u>2:25 PM</u> Return: <u>10:00 PM</u>
Educational Purpose(s): <u>Snowboarding and Ski Lessons</u>
Destination(s): <u>Blue Mountain Ski Resort Collingwood Ont</u>
Physical description of the area to be visited (e.g. lake, park, river, etc.) <u>Ski Resort</u>
Method of Travel: <u>Denny Bus Lines</u> Cost for Student: <u>\$350/440/550</u>
Requirements: Lunch: _____ Money: _____ Notebook: _____ Other: _____
Clothing: <u>Proper extreme cold weather ski apparel</u>
The event/activity will be supervised by: <u>Mr. Sweeney/Paolucci/Ms. Czyrka plus other staff supervisors TBA</u>

Please complete, in full, the acknowledgement and permission to participate sections on the back of this page.

March 2020

NOTE TO PARENT(S)/GUARDIAN(S): Prior to the out-of-school/extracurricular activity, there will be classroom time devoted to establishing safety procedures. If your child has, or has had any previous or current health problems which might affect his/her comfort or safety, would you please give full particulars in writing, and telephone the teacher to discuss it.

The Acknowledgement and Permission to Participate Section on the back of this form must be completed in full.

ELEMENTS OF RISK: Educational activity programs, such as sporting events or activities, field trips, excursions and other activities, may present various elements of risk. Incidents related to such activities may occur and cause injury through no fault of the school board or the facility at which the activity or event is being held. **Participants must assume these risks.**

The following class activities, including and not limited to, are identified as having the potential for more serious consequences: alpine skiing/snowboarding, broomball (ice), cheerleading (acrobatic), field hockey, field lacrosse, gymnastics, ice hockey, ringette (ice), swimming, wrestling, and/or field events: high jump, shot put. The safety and well-being of students is a prime concern and attempts are made to manage, as effectively as possible, the foreseeable risks inherent in physical activity. Please contact the school to discuss any sport specific safety concerns.

NOTE TO STUDENT/PARENT(S)/GUARDIAN(S): The Dufferin-Peel Catholic District School Board does not provide any accidental death, disability, dismemberment or medical expenses' insurance on behalf of students participating in these activities.

The Dufferin-Peel Catholic District School Board distributes Student Accident Insurance to the Parent/Guardian/Student, annually.

☐ I acknowledge that the Dufferin-Peel Catholic District School Board does not provide accident or life insurance for students.

☐ I acknowledge that I have received a copy of the student accident insurance brochure.

(Signature of Student)

(Date)

Signature of parent/Guardian or Adult Student)

(Date)

PERMISSION: I give permission for my child: _____ to participate in:

Robert F Hall Snowboard and Ski Club, to be held at: Blue Mountain Ski Resort Collingwood Ont
(Name of out-of-school/extracurricular activity) (Location)

on the following date(s): Jan. 29, Feb.6,13, 20, 27, Mar. 6, 2025

(Signature of Parent/Guardian)

(Date)

March 2020

**SECONDARY INTERSCHOOL-
MEDICAL INFORMATION/ELEMENT OF RISK/PERMISSION TO PARTICIPATE**

This form is to be completed on behalf of a student who wishes to participate in interschool activities and returned to the coach/teacher prior to the student's first tryout.

Dear Parent(s)/Guardian(s)/Adult Student:

Vigorous physical activity is essential for normal, healthy growth and development. Growing bones and muscles require not only good nutrition, but also the stimulation of vigorous physical activity to increase the strength and skills necessary for a physically active lifestyle. Active participation provides opportunities for students to discover and trust themselves and gain the confidence necessary to play and work cooperatively and competitively with their peers. Participation in interschool activities provides opportunities for students to experience the fitness feeling and to help them understand and make decisions regarding personal fitness and the value of physical activity in their daily lives. Interschool activities may take place either at school or at an out-of-school location.

It is important that your son/daughter participate safely and comfortably in the interschool activity. The Dufferin-Peel Catholic District School Board adheres to the Ontario Physical and Health Education Association (OPHEA) Guidelines. In your child's best interests we recommend the following:

- a) An annual medical examination;
- b) Appropriate attire and footwear for safe participation;
- c) Hanging jewelry must not be worn. Jewelry which cannot be removed and which presents a safety concern must be taped;
- d) The wearing of an eyeglass band and/or shatterproof lens if your child wears glasses which cannot be removed during interschool activities;
- e) The wearing of sun protection for all outdoor activities;
- f) Safety inspection at home of any equipment brought to school for personal use, must meet appropriate certification, e.g. Canadian Standards Association (CSA) approved.

STUDENT NAME _____ TEACHER: _____
HOME ADDRESS _____
STUDENT ADDRESS (If different from home) _____ PHONE _____
HOME PHONE # _____
PARENT/GUARDIAN _____ WORK PHONE # _____
EMERGENCY CONTACT NAME _____ PHONE # _____

I would like to inform the school about these facts pertaining to my son/daughter's physical/medical condition related to his/her participation in the Interschool activity.

1. What medication(s) should your son/daughter have on hand during the interschool activity?

2. Does your son/daughter wear a medical alert bracelet _____ neck chain _____ or carry a medical alert card? _____?

If yes, please specify what is written on it: _____

3. Any other relevant medical condition that will require modification of the program:

Should your son/daughter sustain a concussion or an injury requiring medical attention, notify the school immediately and complete the "Request to Resume Athletic Participation Form", as applicable.

(Revised April 2013)

If during the school year your son/daughter's medical information profile changes, please notify the school.

ELEMENTS OF RISK: Educational activity programs, such as sporting events or activities, field trips and other activities, may present various elements of risk. Incidents related to such activities may occur and cause injury through no fault of the school board or the facility at which the activity or event is being held. Participant must assume these risks.

The following interschool activities including and not limited to are identified as having the potential for more serious consequences: alpine skiing/snowboarding, broomball (ice), cheerleading(acrobatic), field hockey, field lacrosse, gymnastics, ice hockey, ringette (ice), swimming, wrestling, football and/or field events: high jump, shot put. The safety and well-being of students is a prime concern and attempts are made to manage, as effectively as possible, the foreseeable risks inherent in physical activity. Please contact the school to discuss any sport specific safety concerns related to this activity.

INTERSCHOOL ACTIVITY: SKI AND SNOWBOARD CLUB

☐ I acknowledge the element of risk information noted above for the interschool activity.

Parent/Guardian Signature: _____ Date: _____

Student Signature: _____ Date: _____

NOTE TO STUDENT/PARENT(S)/GUARDIAN(S): The Dufferin-Peel Catholic District School Board does not provide any accidental death, disability, dismemberment or medical expenses' insurance on behalf of students participating in these activities. The Dufferin-Peel Catholic District School Board distributes Student Accident Insurance to the Parent/Guardian/Student, annually. For your information the following website has been provided: www.insuremykids.com

☐ I acknowledge that the Dufferin-Peel Catholic District School Board does not provide accident or life insurance for students.

☐ I acknowledge that I have received a copy of the student accident insurance brochure.

(Signature of Student) (Date) (Signature of Parent/Guardian/Adult Student) (Date)

PERMISSION: I give permission for my son/daughter _____ to participate in:

(Interschool Activity) (Date) (Signature of parent/Guardian/Adult Student) (Date)

MEDICAL SERVICES AUTHORIZATION

Every reasonable effort will be made by the school/hospital to contact me. Should it become necessary for our son/daughter to have medical care, I/we hereby give the teacher permission to use her/his best judgement in obtaining the best of such service for our son/daughter. We understand that any cost will be our responsibility. We also understand that in the event of illness or accident, we will be notified as soon as possible.

Signature of Parent/Guardian/Adult Student: _____ Date: _____

Distribution to: ☐ Parent/Guardian/Adult Student
☐ School

MUNICIPAL FREEDOM OF INFORMATION AND PROTECTION OF PRIVACY ACT: Personal information on this form is collected under the legal authority of the Education Act, R.S.O. 1990, c.E.2., as amended. This information will be used for purposes of planning and administering Physical Education programs for students and providing health and safety services in the event of an emergency. Questions regarding the collection of personal information are to be directed to the School Principal.

(Revised April 2013)

**ATTESTATION FOR STUDENTS AND PARENTS:
CONCUSSION AWARENESS RESOURCES**

Dear Student and Parent(s)/Guardian(s):

The Dufferin-Peel Catholic District School Board adheres to provincial guidelines and policies for concussions from the Ministry of Education and the Ontario Physical and Health Education Association (OPHEA).

A concussion is a brain injury that causes changes in the way the brain functions and can lead to a variety of symptoms including physical (e.g., headache, dizziness), cognitive (e.g., difficulty in concentrating or remembering), and emotional/behavioural changes (e.g., depression, irritability), and/or symptoms related to sleep (e.g., drowsiness, difficulty in falling asleep). A concussion may be caused either by a direct blow to the head, face, or neck, or by a blow to the body that transmits a force to the head and causes the brain to move rapidly within the skull.

Due to the seriousness of a concussion, school staff, students, parents/guardians, and identified school volunteers all have important roles to play in implementing the school board's concussion protocols, including prevention, identification, and ongoing monitoring and management of a student with a concussion.

Concussion Awareness Resources have been developed by the Government of Ontario to improve concussion awareness in amateur competitive sport, particularly with respect to concussion prevention strategies, the signs and symptoms of concussion, and initial response to a suspected concussion. The resources have been tailored to meet the needs of students by age.

Students wishing to participate in interschool sports, as well as the parents/guardians of students under the age of 18, are required to read the Government of Ontario Concussion Awareness Resources. The resources are hyperlinked below and can be accessed from the board website at dpcdsb.org/parents/concussion-resources.

[Concussion Awareness Resources](#)

[Ages 10 and Under](#)

[Ages 11-14](#)

[Ages 15 and up](#)

Resources in a variety of languages, supplementary resources, and video modules are also available on the Government of Ontario site, [Concussion Awareness Resources](#).

All students, parents of non-adult students, coaches and trainers must adhere to the DPCDSB's Concussion Codes of Conduct. **Students, parents, coaches, and team trainers must complete an attestation each year confirming that they have reviewed and will abide by the DPCDSB Concussion Code of Conduct before being allowed to participate in any board-sponsored interschool sports, including tryouts, practices, games, and tournaments.** The DPCDSB Concussion Codes of Conduct are hyperlinked below and available on the board website dpcdsb.org/parents/concussion-resources.

[Concussion Code of Conduct for Students Participating in Interschool Sports](#)

[Concussion Code of Conduct for Parents/Guardians of Students \(under age 18\) Participating in Interschool Sports](#)

[Concussion Code of Conduct for Coaches/Trainers/Teachers of Interschool Sports](#)

Copy to be retained by school for current school year, plus one additional year. Subject to inclusion in incident file if required where an injury occurs.

MUNICIPAL FREEDOM OF INFORMATION AND PROTECTION OF PRIVACY ACT: Personal information on this form is collected under the legal authority of the Education Act, R.S.O. 1990, c.E.2., as amended. This information will be used for purposes of planning and administering Physical Education programs for students and providing health and safety services in the event of an emergency. Questions regarding the collection of personal information are to be directed to the School Principal.

ATTESTATION FOR STUDENTS AND PARENTS: CONCUSSION AWARENESS RESOURCES

GF 088A

Prior to the first tryout for interschool sports, student participants and parents of students under the age of 18 are required to complete this form to attest that they have reviewed the Government of Ontario Concussion Awareness Resources and the Board's Concussion Code of Conduct. Completed attestation forms must be returned to the coach/teacher. For students participating in multiple interschool sports, only one attestation form is required per school year.

INTERSCHOOL ACTIVITY(s): _____

STUDENT NAME _____ TEACHER: _____
 DATE OF BIRTH _____ AGE _____
 HOME ADDRESS _____
 STUDENT ADDRESS (If different from home) _____ PHONE _____
 HOME PHONE # _____

For students under the age of 18:

PARENT/GUARDIAN _____ WORK PHONE # _____
 EMERGENCY CONTACT NAME _____ PHONE # _____

GOVERNMENT OF ONTARIO CONCUSSION AWARENESS RESOURCES

☐ I have read the Ontario Government's Concussion Awareness Resources.

Student Signature: _____ Date: _____
 Parent/Guardian Signature: _____ Date: _____
 (for students under the age of 18 only)

DPCDSB CONCUSSION CODE OF CONDUCT

☐ I have read and agree to abide by the DPCDSB Concussion Code of Conduct for students.

Student Signature: _____ Date: _____

☐ I have read and agree to abide by the DPCDSB Concussion Code of Conduct for parents.

Parent/Guardian Signature: _____ Date: _____
 (for students under the age of 18 only)

Please return this form to the coach/teacher prior to the first tryout for interschool sports. Students who have not completed and returned this form will not be allowed to participate in tryouts, practices, games, or other events.

Copy to be retained by school for current school year, plus one additional year. Subject to inclusion in incident file if required where an injury occurs.

MUNICIPAL FREEDOM OF INFORMATION AND PROTECTION OF PRIVACY ACT: Personal information on this form is collected under the legal authority of the Education Act, R.S.O. 1990, c.E.2., as amended. This information will be used for purposes of planning and administering Physical Education programs for students and providing health and safety services in the event of an emergency. Questions regarding the collection of personal information are to be directed to the School Principal.